

Reflections

FROM A BOARD ROOM MIRROR.



THE Evelina Hospital for Sick Children is on the point of increasing the splendid work it has hitherto accomplished among the most poor and needy. The Hospital was founded by Baron Ferdinand Rothschild, who continues his generous subscriptions, and who has added one more munificent gift to those he has already showered on the Hospital. He has purchased a plot of ground, and intends himself largely to defray the cost of a new wing, which will bring the total accommodation up to 100 beds. The committee asks for annual subscriptions and donations to meet the increased cost of maintenance. The report for 1894 is a history of work well done, and the committee expressed a hope that the large employers of labour in the neighbourhood would come forward more readily in support of a charity which is doing so much to relieve the sick children of their work-people. Contributions of books and magazines suitable for the Nurses' library are also asked for by the Lady Superintendent, Miss Alice Cross.

The Terne Bazaar recently held in Dublin in aid of the funds of Sir Patrick Dun's Hospital passed off most successfully. The fête was characterised by real Irish fun, and everything was arranged on a national basis. Plenty of music, an opening ceremony by the Lord Lieutenant, a water chute and captive balloons, with a series of national and costume dances each day by children could hardly fail to prove attractive. And how the little ones did dance in the cause of charity! Jigs and skipping-rope dances, minuets, hornpipes and Highland flings gave their small muscles many a pang, but they went bravely and beautifully through their task.

Dr. Clarke, in introducing a large deputation of medical men from Liverpool and Birkenhead, which waited on Baron de Worms, M.P. for the East Toxeth division, to protest against the Midwives Registration Bill, did not hesitate to express his views in plain language. He said "Instead of advancing the science of midwifery, the Bill might have been framed for people of the middle ages. A medical man before practising midwifery had to pass through a five years' curriculum; this Bill proposed to give a woman with three months' study of the subject a diploma to practise." Baron de Worms, who has himself been for two years in a medical school, in answer, expressed his views as to the mischievous tendency of the Bill, and promised his strenuous opposition to it in the Lords.

The Royal Hospital for Incurables, Dublin, recently held a governors' meeting for the election of patients and for submitting their report. They asked for funds to meet the extra expenditure entailed by additional accommodation.

The 18th Annual Report of St. Patrick's Home in Dublin for supplying Trained Nurses to the sick poor in their own homes has just been issued. The committee feels the irreparable loss sustained by the loss of Miss Thompson, who was one of the founders, and who has for the past eighteen years made it her life-work. A Memorial Fund has been raised which will be spent in two objects—the placing of a stained glass window to her memory in St. Patrick's Cathedral, and in the establishment of a Memorial Library for the use of the Nurses in the St. Patrick's Home. A large number of the cases visited belong to the destitute "out of work" class, and no distinction is made on account of creed. The Association is doing a splendid work, and deserves every encouragement.

The memorial stone of the Glasgow Samaritan Hospital for Women has lately been laid by Lord Blythswood. About three-quarters of an acre has been secured as a site, and the building is to consist of two distinct blocks—the Hospital and Administrative—connected by corridors. The plans are made on the most approved pattern, with admirable lavatory, bath-room and domestic accommodation. The Hospital will contain twenty-eight beds.

The Rev. E. S. Talbot, D.D., Canon of Ripon and Chaplain to the Queen, preached the annual sermon in aid of the Lincoln County Hospital. The sermon was eloquent and the congregation large.

Sir Horace and Lady Farquhar gave away the prizes on the Queen's birthday, at the great athletic meeting which is held annually in aid of the Hospital Saturday Fund.

A Central News telegram from Cracow states that the cholera has broken out in the Russian districts of Zaslav Krezmiemic and Staro-Konstantynov. The epidemic is assuming considerable proportions.

The patients at the Hospital for Epilepsy and Paralysis, Portland Terrace, Regent's Park, spent a delightful evening on Friday, May 24th, when a Concert was given for their benefit, to which a number of guests were also invited. The programme, arranged by the Matron, Miss Ridley, with her usual care and forethought, was an excellent one, and it is only to be regretted that space will not permit of the various items being given in detail. The guests were afterwards entertained with tea and coffee by Miss Ridley in her charming manner, and thus a red-letter day to the patients in this hospital was brought to a close. This is one of the many signs of the care and love brought to bear on the patients in our hospitals, showing that not only are their bodies cared for, but that also every effort is made to bring some brightness into their suffering lives.

Battle Creek Sanitarium,

MICHIGAN, U.S.A.

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THE curative effect of different forms of exercise to suit various diseases, has full scope in the beautifully fitted gymnasium. Delsartes' method is used, various athletic exercises are employed, and riding, driving and bicycling are by no means neglected. "Short-winded" patients, and those suffering from organic disease of the heart, are shown how to get the advantage of exercises executed without "strain" or effort.

The stout, the anæmic, the sedentary, and those who have become neurasthenic through idleness are made to work out their salvation by vigorous labour at the rowing machine, the pulley weights, the Swedish gymnastics, and in the tread-mill, unless too feeble for active exercise. In such cases passive exercise is administered in the form of massage and Swedish movements. Bed-ridden patients have their appropriate active and passive exercise, and also training by the aid of "bed" and "wheel-chair" exercises.

In connection with the Sanitarium there is a lake-side resort—a kind of country house. There are periodic "picnic" days during the summer season which are much looked forward to by the patients.

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